Chantingwith Susanna Bhagavad Gita

Learn to chant selected chapters of this famous epic over 5
Wednesdays 19-20pm starting October 1st. Price 550kr including book.



During the five classes we will chant some selected chapters of the Bhagavad Gita which are easy to tune into and relevant to Karma Yoga, path of action, Bhakti Yoga, path of devotion and Jnana Yoga, path of awareness.

We will chant verses from the first 3 chapters which is about the Yoga of Action, the 12th chapter dealing with Yoga of Devotion, the 13th Yoga of Knowledge, Awareness, the 14th the Gunas and the 18th conclusive chapter :-)

I will briefly introduce you to the story of Bhagavad Gita and then we will chant in Sanskrit, first time only listening and then repeating 2 times together.

This course is inspired by my studies with Dr. Jayashree and Prof. Narasimhan, excellent scholars living in Mysore, India.

Come and join :-)

Namaste Susanna

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