

## About Dr M.A. Jayashree and Prof. Narasimhan

**Dr M.A. Jayashree**, Professor of Sanskrit, Mysore, Karnataka has been teaching all aspects of Sanskrit for the last 30 years. She holds a doctorate in Sanskrit from Bangalore University on the topic, "Concept of Mind in Indian Philosophy". She has authored many books in the fields of Sanskrit, Ancient Sciences, Indian history, Indian Culture and Music. She has presented papers on Sanskrit, Indian knowledge systems and culture in many national and international fora. She has also conducted a number of workshops in India and abroad. Her workshops are generally in the fields of Sanskrit language and the Yoga sutras of Patanjali.

She is a multifaceted personality, a musician with a melodious voice, an accomplished artist of the Mysore school of Painting, delivers discourses on Puranas, Tiruppavai & Philosophy. She is a great teacher of spoken Sanskrit. She has given performances in classical music in the Karanatic style all over South India. She is also the editor of 'Itihasa Rashmi', a journal on Indian History in Kannada.

As a proponent of Srutiparampara, the Oral tradition of teaching which dates back to Vedic times, she has produced many CDs in the field of Sanskrit learning along with the Yoga Sutra of Patanjali and Bhagavad Gita. The CDs are designed as teaching aids to help people learn the chanting and memorization of the important Sanskrit texts of ancient Indian culture. She has a large following of overseas students engaged in studies of ancient lore of India mainly Yoga Sutras of Patanjali, Bhagavad Gita and the Sanskrit language .

She has been invited as a South East Asian scholar of merit by the American Academy of Religions to participate and present a paper in their Annual Meet Nov. 2008 Chicago.

**M. A. Narasimhan**, Director of the Anantha Research Foundation in Mysore, is a science graduate holding a Masters in Education with specialization in advanced psychology and research methodology, and also in Sanskrit. He has specialized in the Indian philosophical systems and the various practices of yoga, and is a disciple of His Holiness Maharishi Mahesh Yogi. He is a teacher of Transcendental Meditation, having taught the TM technique to more than 20,000 people and trained more than 1,000 teachers of Transcendental Meditation.

He has held many responsible posts in the then Mahrishi Institute of Creative Intelligence. As the director for the TM operation in the entire south India, he had more than 600 teachers helping him to spread the message of TM. He was instrumental in opening small-scale industries and many schools in different parts of India. He has been a Siddha practitioner, reaping the benefits of advanced techniques.

He is a research scholar specializing in the fields of Indian culture and the Sciences of ancient India with a considerable number of books, monographs, and papers in the fields of Indian history, Science, Sanskrit and philosophy to his credit.

Currently he is engaged in the investigation of "Supa saastra in Indian tradition (the food tradition of India)" with INSA, 'History and geographical information in the Puranas' with Bharateeya itihasa sankalana Yojana, and preparing a critical edition of Patanjali's Yogasutra with all the available commentaries and their English translation with Asian classics Input Project, New York and also on 'Cosmology in ancient Indian Texts'.

